



Best care by the best people

HOSC Presentation

0-19 children's services



Mobilisation

- New contracts started on the 1st April 2020
- Recruitment in line with additional funding
- Additional service delivery to meet key performance indicators and performance reporting

Health visiting

- 5 mandated contacts
- Antenatal
- New birth
- 6-8 week follow up
- 1 year health review
- 2 year health review
- 100% universal antenatal contacts offer from September 2021
- 100% UP and UPP face to face antenatal contacts
- New birth contacts at 10-14 days 95%
- Completed 6-8 weeks contacts 84.5%
- Completed 1 year health reviews 87%
- Completed 2 year health reviews 89%



Additional offer

Antenatal and postnatal emotional health and wellbeing support

- ❖ Perinatal mental health lead
 - Butterfly's support group, networking and joint sessions with local authority and mental health services
- ❖ Weighing clinics
 - Individual appointments, appointments offered at breastfeeding café bi monthly
- ❖ Infant feeding lead
 - Starting solids workshop
- ❖ BFI accreditation
 - Breast feeding



School Nursing Offer

- NCMP 100% School Offer from September 2021
- Face to face and virtual drop ins
- Virtual presentations
- Work in partnership with CAMHS, PMT and STAR workers
- Mid Teen Questionnaire
- Health and emotional support
- Duty school nurse available daily within SPA



Partnership working

- Henry programme
- Dads groups, 'Being a Dad', 'Becoming a Dad'
- Integrated 2.5 health development reviews with early years providers
- Child and adult mental health services
- Digital platform
- E-Redbook
- Facebook
- Sharing digital information from children's centres, early help, Havering, Allied health professionals



PMHT Offer March – October 2021

Delivered Services ~

Referrals	80
1:1 Sessions	1400
Parent Drop-ins	24
Student Drop-ins	24
School consultations	24
Virtual Groups	1 (Groups Delivery into 2022)

PMHT offer August to October 2021

PMHT offer August to October 2021	August 2021	September 2021	October 2021
Virtual drop-in	3 session	2 sessions	3 sessions
Face to face pupil drop-in	School holidays	131 pupils	162 pupils
Education settings visited	3 PRUs visited	54	63

PMHT notes on data ~

- There has been a significant increase in referrals for children and young people presenting with low- level anxiety and mood disturbances
- The reason that we have had capacity to offer so many sessions has been made possible by the use of a hybrid model of virtual and face to face interventions
- PMHT regularly attends and contributes to Local authority and education CAD and Universal Plus



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Thank you



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